

Chef Ashley's World Famous Broccoli Salad

Makes: 6 Servings

Ingredients

6 cups broccoli florets
2 green onions
1 tablespoon cilantro
2 tablespoons rice vinegar
1 tablespoon honey
2 teaspoons fresh ginger
2 teaspoons Low Sodium Soy Sauce
1/4 cup Chow Mein Noodles
1 teaspoon sesame oil

Directions

1. Wash, cut, and put aside the broccoli, cilantro and green onions.
2. Boil water and blanched the broccoli for just one minute. (This leaves a lot of nutrients in the broccoli.)
3. Chill broccoli in the fridge for 20 minutes.
4. Mix the sauces together, and break the chow mein noodles by hand into bite size pieces.
5. Mix all the wet ingredients by hand together with the broccoli, and then topped the dish with the chow mein noodles.

